Spotlight **Dr. Andreas Grossgold, MD** SPEAKER, LIFESTYLE ARCHITECT, AND WELLNESS MENTOR A new perspective on living a healthy life

Baylor College of Medicine, his father was diagnosed with prostate cancer. After visiting traditional doctors, his father was told that he only had a couple of years to live. Fortunately, things changed after Dr. Grossgold and his father visited a doctor who specialized in integrative medicine. The result of that visit allowed his father to enjoy 20 more years of life. This pivotal moment in Dr. Grossgold's life inspired him to expand his medical knowledge and delve into the world of integrative medicine.

Today, Dr. Grossgold runs his successful Grossgold Clinic

practice in Belleair, where he integrates his traditional medical background and knowledge with the practices of internal and holistic medicines. A general practitioner and pediatric doctor, as well as a member of a number of acclaimed medical associations, Dr. Grossgold believes that it's crucial to consider the whole body when it comes to treating medical issues.

Dr. Grossgold's passion for improving the lives of his patients is evident during each visit. He feels that it is important to thoroughly pinpoint the issues before he treats his patients. Part of his mission is to introduce his patients to a better way of living that allows them to enjoy a healthier life.

"We not only provide care, but we spend most of the time educating our clients on how to manage their own health," says Dr. Grossgold.

> Part of that approach is to work with various forms of medical specialists like medical doctors, naturopathic and homeopathic practitioners, massage therapists, mental health counselors, personal trainers, and nutritionists.

Dr. Grossgold's clinic is located at 609 Lakeview Road, across the street from the Lakeview Oaks Office Park in Clearwater. The clinic features effective treatments and tools to promote mental and physical detoxification.

> As a way to reach out and educate the community, Dr. Grossgold holds monthly seminars to discuss health related to leading a healthier life.





Dr. Andreas Grossgold is an Internist and Pediatrician who graduated from the University of Texas Medical School in Houston. He is originally from Bogota, Colombia and grew up in North America, South America, Europe and Israel. Dr. Grossgold is a lieutenant with the US Navy reserves.

He attended the New Granada Military School of Medicine where he obtained his Medical degree and completed his internship and residency doing rotations at Memorial Hermann Hospital, MD Anderson Hospital, St Luke Episcopal, LBJ General Hospital, Children's Memorial Hospital and Texas Children's Hospital. He also completed a 4 year Doctorate program at Capital University of Integrative Medicine in Washington D.C and a 5 year postdoctoral fellowship at Baylor College of Medicine in Cell Biology and Gene Therapy with emphasis in Neurosciences and Cardiovascular Genetics.

Dr. Grossgold is an author and co-author of more than 30 peer reviewed articles, abstracts, posters and book chapters on clinical and biomedical research. He is a former Postdoctoral Fellow Association President at Baylor College of Medicine and has been recognized with several awards and grants for his research work on Prostate and Bladder Cancer in collaboration with scientists and physician scientists in urology, medical oncology, and molecular biology.

Dr. Grossgold practices Internal Medicine and Pediatrics with an integrative approach on nutrition, functional and anti-aging medicine. He is currently affiliated with Morton Plant Hospital and Countryside Mease Hospital's All Children's Hospital with John Hopkins Medicine.